The Second Sunday of Lent

For the second Sunday of Lent, we move from Jesus' retreat to the desert to his Transfiguration. Each year on the first Sunday of Lent, our Gospel tells the story of Jesus' temptation in the desert. On the second Sunday of Lent each year, we hear the story of Jesus' Transfiguration.

The story of Jesus' Transfiguration is told in the three Synoptic Gospels: Matthew, Mark, and Luke. In each of those Gospels, the Transfiguration follows Jesus' first prediction of his death and his teaching about the costs of discipleship. Jesus' Transfiguration is a promise of Jesus' glory, his Resurrection.

On a mountain in today's reading, a voice affirms that Jesus is God's Son in words reminiscent of the voice at Jesus' baptism. In addition, the appearance of Moses and Elijah on the mountain connects this story with God's relationship to the people of Israel. Moses and Elijah represent the Law and the Prophets, respectively. Together with Jesus, they represent God's complete Word.

The Transfiguration occurs in the presence of just three of Jesus' disciples: Peter, James, and John. In Matthew's Gospel, those disciples are among the first whom Jesus calls. The three men are identified as an "inner circle" among Jesus' disciples when Jesus asks them to accompany him to the Garden of Gethsemane just before his arrest.

© Sunday Connection, Loyola Press
Dear Parents and Carers

What a lovely week it has been celebrating Catholic Schools Week as a Catholic community. The Cross Country Carnival and whole school sausage sizzle was a great way to start the week. Thank you to Ms Michell for coordinating a great carnival. We know that the children thoroughly enjoyed it!

Over the past few days, I have been attending the Diocesan Principal Conference in Yamba. Once again, this has been a great opportunity to network with other leaders and discuss school focuses for 2017. Thank you to Mr Rick Galvin for leading in my absence, especially during the important events of Catholic Schools Week.

INSIGHT SRC - PARENT SURVEYS FOR SCHOOL IMPROVEMENT: This year we will once again be surveying staff, students and parents as part of our ongoing data collection for school improvement. The implementation of the student, teacher and parent opinion surveys to support school improvement has provided a rich source of data for all Diocesan Schools. The Lismore Catholic Schools Office is committed to continuing to support schools in their ongoing pursuit of improving learning outcomes for all students.

The surveys are coordinated by Insight SRC and all individual responses from staff, students and parents will be kept confidential and will not be identifiable to any other person or body outside of Insight SRC. There is no way that individuals can be identified from the results or the information provided by the survey consultants.

All schools will be provided with the opportunity to survey all staff, students in Years 3 to 6 and a random sample of parents. All staff and student surveys will be conducted online and parents will be provided with the choice to complete either an online or paper based survey.

CRITICAL DATES: The timing for survey implementation is the two week period of 13 March to 24 March. A random sample of parents will be selected to participate in this survey. If you do receive a package, I would ask for your support in this survey phase to contribute to the ongoing development and opportunities that are available for our students here at St Agnes’ Primary School.

Parents that have been randomly selected to participate in the survey will receive further information next week.

PRINCIPAL AWARD: Congratulations to Hunter Croft (6N) for receiving a Principal’s Award this week for the sportsmanship he showed at the Cross Country Carnival on Monday. You demonstrated great leadership Hunter, Well done!

CONGRATULATIONS: to our PBS winners for this week: Liam Cameron, Jackson Carney, Eddie Gleeson, Amy Hatherly, Jenson Henderson, Kimberley Manns, Hayden Murray-Robinson and Luke Stevens.

NEW STAFF: We welcome Miss Sarah Stewart, to our school staff. Sarah will be working in Year 5.

WELCOME: This week we welcome Sawyer Robinson and Luke Stevens.

CAR PARK PICK UP: We again thank those families who have been delaying their arrival time to car park pick up and making an effort not to queue in Boronia Street each afternoon. This assists in traffic flow around our school during a very busy time and is greatly appreciated.

Just a few reminders to make sure the pick-up system continues to flow smoothly and safely:

- Car park pick up commences at 3:15pm.
- Left turn only, in and out of the car park.
- Please do not queue/double park in Boronia Street of an afternoon. If the car line is going out of the car park, please drive around the block.
- No queuing across the pedestrian crossing.
- Pedestrians are to stop at the crossing at the car park entrance and wait to be directed by the traffic management staff to precede across the crossing.

GOD MOMENTS: It was great to see so many students ‘Making Jesus Real’ at our Cross Country Carnival this week. Ms Michell would like to acknowledge the following students for displaying great sportsmanship and team spirit throughout the

ASSISTANT PRINCIPAL’S REPORT
RICK GALVIN

CATHOLIC SCHOOL WEEK CELEBRATIONS:
The Year 4 Seniors Week Celebration, a Christian meditation and Peer Support activities were a wonderful way to end our Catholic Schools Week celebrations.

On Wednesday, the Year 4 students had the opportunity to interact with the residents from our local parish aged facilities. They had a great time playing games, singing, dancing and sharing many stories. Congratulations to the residents of St Agnes’ Hostel who were the overall winning team on the day. We value this fantastic learning experience for our Year 4 students and look forward to continuing our ongoing relationship with the Catholic Care of the Aged in our Parish community. A huge thank you to Mrs Alchin, Mr Bushe, Mrs Lisa James and Mrs Hunter for organising the events at this event.

The staff had a very reverent and peaceful start to Thursday by participating in a Christian meditation. Thank you to Mrs Kate de Bressac for preparing and leading us in the meditation.

The students participated in some engaging “Getting to know you” activities and identified why our Catholic School is so special during their Peer Support lesson today. I would like to congratulate our Year 6 leaders for the responsible way they organised and managed their groups during the lesson.

FUN RUN: The Fun Run is fast approaching! Keep gathering those sponsors and make sure your Fun Run permission slip (attached to the bottom of the sponsorship form) is returned ASAP. Just a reminder that the sponsorship form needs to be returned by Monday 20 March. Also, please note that any child without a permission slip returned will be unable to attend. All returned forms will receive a ticket in the prize draw. A ticket is also given for every $5 returned.

GOD MOMENTS: It was great to see so many students ‘Making Jesus Real’ at our Cross Country Carnival this week.
day - Charlie Cassar, Harison Gregory, Sam Atkins, Eliza Ruhl and Tom Ryan. She would also like to say a huge thank you to Hunter Tiller for helping out all day at the carnival and for making sure that people didn’t cross the track when the competitors were coming through.

LEADER OF RELIGION NEWS
CATH U’BRIEN & MATT BUSHE

CATHOLIC CARE OF THE AGED
PICNIC DAY WITH YEAR 4: What a truly special experience it was for the Year 4 teachers and students to join with residents from Emmaus, St Agnes’ Hostel and Maryknoll for the annual Picnic Day in our school hall. The Year 4 students created 3 teams, one for each facility and competed in fun games and activities to earn points. St Agnes’ Hostel (yellow team) won by only two points. A highlight of the day was when the Year 4 students worked with the residents to complete a contemplative colouring page. The staff of one venue commented on how they had struggled to get a particular resident to join in their regular activities, but our Year 4 students had him enjoying colouring in and talking too!

SACRAMENT OF PENANCE: Thank you to those students and parents who attended the Penance workshops this week at either St Agnes’ or St Peter’s primary schools. There will be another two workshops next week, for those that still need to attend. If Constable Printing were decorating your child’s sash, these sashes should have been delivered to them last week. If you still have not attended to this, please do so as a matter of urgency. These will then be delivered direct to the school once completed. If you have your child’s sash at home, please send it in to the school as soon as possible.

LEADERS OF CURRICULUM/DIGITAL PEDAGOGIES
CHRISTY ISMAY & CYNTHIA NOSWORTHY

ICAS SCHOOL COMPETITIONS: The ICAS competitions are an assessment offered by the University of New South Wales every year. These competitions are a fantastic enrichment opportunity for our students. All students from Years 2-6 are eligible to take part in the English, Mathematics, Science and Spelling competitions, whilst Years 3-6 are also offered the Writing and Digital Technologies assessments. If your child would like to take part, please fill out the slip attached to the ICAS note and send it back to school, along with payment. If you have misplaced this note, more are available in the office.

DANCE GROUPS: Just a reminder that the 2017 Dance Groups have now started rehearsals. Due to other contributing factors, some rehearsal times have had to be adjusted. All students that have committed to this are expected to attend their designated rehearsal in the school hall every week. The times are as follows;

Monday - Year 4 Girls @ 8:20am
Year 3 Girls and Boys @ L1
Tuesday - Year 5 Girls @ 8:20am
Year 2 Girls and Boys @ L1
Wednesday - Year 6 Girls @ 8:20am
Year 4/5/6 Boys @ L1

We are looking forward to another fantastic year of dance! An updated timetable of Extra Curricular Activities is attached to the electronic version of this newsletter, showing these updates.

TEACHING AND LEARNING - DONNA SPRAGUE

PERSONALISED PLANNING MEETINGS: Over the coming weeks, Personalised Planning meetings are being held for those students who have been identified as needing them. A text was sent home early last week and again on Wednesday to those families, requesting they make an appointment. Thanks to everyone who has responded.

These meetings are with the student’s teacher and myself, enabling us to set goals together for their child’s learning. Please contact the school to make an appointment if you have received the text and not responded.

SPORT NEWS - CLAIRE MICHELL

CROSS COUNTRY: On Monday, we held our School Cross Country Carnival. The day was filled with competitive races in each age group, followed by a non-competitive lap of the oval for those just wanting to earn points for their House. After lunch our Kindergarten and Year 1 students (and young Year 2 students) ran around the oval. All classes returned to support these runners and Year 5 and 6 were instrumental in cheering their buddies on.

A huge thank you to all the parents who volunteered their time to assist. If you just came to watch, thank you for building the school community atmosphere with your presence. A special thank you to all the staff who assisted with the smooth running of the day.

Well done to our House Leaders who ran their first carnival. They were most helpful in manning the water, and on the warm up and misting stations. These stations are so important to our day as they promote hydration and safe running practice. Thank you for creating some new and inspiring war cries too!

<table>
<thead>
<tr>
<th>Year</th>
<th>Girls</th>
<th>Boys</th>
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<tbody>
<tr>
<td>8</td>
<td>Darcie Gleson</td>
<td>Rafferty Gordon</td>
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<td>9</td>
<td>Maelve Pepper</td>
<td>Quinn Hancock</td>
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<td>10</td>
<td>Jasmine Hurley</td>
<td>Jake Morgan</td>
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<td>11</td>
<td>Savannah Nowak</td>
<td>Joe Carrick</td>
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<td>12</td>
<td>Eliza Ruhl</td>
<td>Liam Cameron</td>
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<td>12</td>
<td>Josie Yardley</td>
<td>Hunter Croft</td>
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After weeks of training on the bottom oval before school, Boronia were the successful recipients of the Trainer’s Trophy. The overall Carnival winning House was Kennedy, followed closely by Boronia (who had won 3 years in a row previously!) A reminder that the top 6 runners of each age group are invited to go to the Hastings Zone Cross Country Carnival on Wednesday, 3 May (Term 2 Week 2).

DIOCESAN SWIMMING RESULTS: Congratulations to our students who travelled all the way to Lismore to compete in the
Diocesan Swimming Carnival. The following results are outstanding for this level.

Makennah Collins, 12th in Freestyle; Hunter Croft, 9th in Freestyle, 10th Breaststroke, 11th in Butterfly; Cooper Burns, 1st in Butterfly, 9th in Breaststroke and 11th Backstroke; Shaun Baillon, 10th in Backstroke; and Jared McKinnon, 8th in Breaststroke.

Well done to Cooper Burns who will now compete at Polding for Butterfly!

CONGRATULATIONS: Well done to Joe Carrick who competed in the NSW State Championships Nippers Surf Life Saving Carnival, representing Port Macquarie SLSC in Swansea/Belmont over the weekend. It was an enormous event with teams from all over NSW and more than 200 competitors in the Under 9 boys alone. He competed in 3 events - flags, sprints and in the sprint relay team, notably taking out the gold medal for the Relay with Lewis, Jesse and Lucas from St Peters. We understand other students from our school may have also competed at this event and we look forward to hearing about their results.

CANTEEN NEWS
BEC RISSEL
MON JOANNE LEE
TUES LISA VON HARTITZSCH
WED LAUREN MCINTOSH/KYLEE VATALIDIS
THURS ANNE-MARIE MCWHIRTER CORAL CLARK
FRI RUBY KURIAN HELP PLEASE

A big thank you to all the wonderful helpers who assisted with cooking over 700 sausages for the students and their parents on Monday. A special mention to Nicole, Kelly, Rowena, Michelle, Leanne, Anne-Marie and Brad. We couldn’t have done it without you!

GENERAL NEWS

SCHOLASTIC BOOKCLUB: All children should have received a new Scholastic Bookclub catalogue this week. If you are wishing to make a purchase, please return your order to the office by 22 March 2017.

CALENDAR: WEEK 8, TERM 1 2017

SUNDAY MAR 12 * 2nd Sunday of Lent
MONDAY MAR 13 * Year 4 Girls Dance Group - 8:20am - please note new day
* School Prayer - 2TB hosting - All welcome
* Year 3 History Excursion - students to wear sports uniform

TUESDAY MAR 14 *
* Sports Uniform - Students in K, 1, 3, 4, 5 and 6
* Port News photo shoot with Kindergarten children
* Year 5 Girls Dance Group - 8:20am - please note new day
* Gross Motor - Kindergarten
* Year 2 Girls and Boys Dance Group - Lunch 1
* Penance Workshop - St Joseph’s Primary School - 3:30pm

WEDNESDAY MAR 15 *
* Sports Uniform - Students in Year 2
* Year 6 Girls Dance Group - 8:20am
* Gross Motor - Year 2
* Year 4/5/6 Boys Dance Group - Lunch 1

THURSDAY MAR 16 *
* Sports Uniform - Students in K, 1, 4 and 5
* Gross Motor - Year 1
* 8:00am - Band
* Staff Meeting - 8:20am - Office closed until 8:55am
* Penance Workshop - St Agnes Church - 6:00pm

FRIDAY MAR 17 *
* Sports Uniform - Students in 2, 3 and 6
* Diocesan Winter Sports - Grafton
* Staff Prayer - office closed until 8:40am
* Assembly - 2:10pm

ADVANCE DATES
MAR 20 * Year 6 Leadership Development Day - Youth Hub
* P & F AGM - Staffroom 5:45pm
MAR 21 * Year 4 Penance Reflection Day - Youth Hub
MAR 22 * Rugby 7’s challenge - selected students in Years 4 - 6
MAR 23 * Fun Run - Town Beach
MAR 28 * Sacrament of Penance - St Agnes’ Church 6:00pm
<table>
<thead>
<tr>
<th>Day</th>
<th>Activity</th>
<th>For whom</th>
<th>When</th>
<th>Where</th>
<th>Teacher</th>
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<td>Monday</td>
<td>Year 4 Girls Dance Group</td>
<td>Year 4 girls in Dance Groups</td>
<td>Morning</td>
<td>Hall</td>
<td>Ms Michell</td>
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<td>Early Bird Reading</td>
<td>All students</td>
<td>Morning</td>
<td>Library</td>
<td>Mrs Northey</td>
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<td>Garden Club</td>
<td>All students</td>
<td>Lunch 1</td>
<td>School Garden</td>
<td>Mrs Gardiner</td>
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<td>Coding Club</td>
<td>Selected students</td>
<td>Lunch 1</td>
<td>STEM Lab</td>
<td>Mrs Cameron</td>
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<td>Year 3 Girls and Boys Dance Group</td>
<td>Year 3 children in Dance Groups</td>
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<td>Hall</td>
<td>Mrs Lipscombe</td>
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<td>Tuesday</td>
<td>Early Bird Reading</td>
<td>All students</td>
<td>Morning</td>
<td>Library</td>
<td>Mrs Northey</td>
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<tr>
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<td>Year 5 Girls Dance Group</td>
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<td>Hall</td>
<td>Mrs Ismay</td>
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<td>Maths Club</td>
<td>Year 3 &amp; 4 students</td>
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<td>Year 2 Girls and Boys Dance Group</td>
<td>Year 2 children in Dance Groups</td>
<td>Lunch 1</td>
<td>Hall</td>
<td>Mrs Todd</td>
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<tr>
<td>Wednesday</td>
<td>Early Bird Reading</td>
<td>All students</td>
<td>Morning</td>
<td>Library</td>
<td>Mrs Northey</td>
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<td></td>
<td>Year 6 Girls Dance Group</td>
<td>Year 6 girls in Dance Group</td>
<td>Morning</td>
<td>Hall</td>
<td>Mrs Ismay</td>
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<td></td>
<td>Garden Club</td>
<td>All students</td>
<td>Lunch 1</td>
<td>School Garden</td>
<td>Mrs Alchin</td>
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<td></td>
<td>Coding Club</td>
<td>Selected students</td>
<td>Lunch 1</td>
<td>STEM Lab</td>
<td>Mrs Cameron</td>
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<td></td>
<td>Years 4/5/6 Boys Dance Group</td>
<td>Year 4/5/6 boys in Dance Groups</td>
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<td>Hall</td>
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<td>Senior Choir</td>
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<td>Thursday</td>
<td>Junior Choir</td>
<td>Infants students</td>
<td>Lunch 1</td>
<td>Year 1T classroom</td>
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<td>Tuckerbox Prayer</td>
<td>All students</td>
<td>Lunch 1</td>
<td>Year 4H classroom</td>
<td>Mrs O'Brien</td>
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<td></td>
<td>Music Ministry</td>
<td>All students</td>
<td>Lunch 1</td>
<td>Year 6M classroom</td>
<td>Mr Bushe</td>
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<td>Robotics Club</td>
<td>Years 5/6 Girls</td>
<td>Lunch 2</td>
<td>STEM Lab</td>
<td>Mrs Gardiner</td>
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<td>Friday</td>
<td>Mini Vinnies</td>
<td>All students</td>
<td>Lunch 1</td>
<td>Year 5S classroom</td>
<td>Mrs O’Brien &amp; Mr Jones</td>
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<td>Coding Club</td>
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<td>STEM Lab</td>
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<td>Meditation</td>
<td>All students</td>
<td>Lunch 2</td>
<td>TBA</td>
<td>Mr Brazel</td>
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</tbody>
</table>

Updated 10 March 2017
St Agnes' Parish has three Primary Schools: St Joseph's, St Agnes' and St Peter's.
You are invited to attend and hear about each of our three Primary Schools on our Kindergarten Information Night. Enrolments for our primary schools are based on a zoning system.
The enrolment period for Kindergarten is during the months of April and May, the year prior to the commencement of Kindergarten.

Tuesday 4th April, 2017, 7:00pm - 8:00pm

To be held at: St Agnes’ Primary School Hall
Boronia Street, Port Macquarie
Light refreshments provided

For more information or to register:
Phone: 6588 7444 or email enrol@pac.stagnesparish.org.au
Dear parent,

Go4Fun is a healthy lifestyle program for children aged 7 to 13 years, who are above a healthy weight. Best of all it’s absolutely FREE.

**WHEN DOES GO4FUN RUN?** Go4Fun runs for 10 weeks after school during the school term, and children attend a fun filled 2 hour session each week with their parent or carer.

**WHAT DO WE DO AT GO4FUN?** Every week children play fun and interactive games and activities to get their heart rates up and enjoying being active. You and your child also learn about healthy eating, setting goals, portion sizes, label reading and more. The child receive up to 3 attendance prizes, and parents a $15 fresh fruit and vegie voucher each session they attend.

Registration for Term 2, 2017 is open with limited places in Port Macquarie, Wauchope, Kempsey and Coffs Harbour programs. We’d love to welcome you and your child to Go4Fun and encourage you to secure a place.

Register at Freecall 1800 780 900 or at www.go4fun.com.au
Dear parent,

Go4Fun is a healthy lifestyle program for children aged 7 to 13 years, who are above a healthy weight. Best of all it’s absolutely FREE.

WHEN DOES GO4FUN RUN?
Go4Fun runs for 10 weeks after school or on weekends during the school term, and children attend a fun filled 2 hour session each week with their parent or carer.

WHAT DO WE DO AT GO4FUN?
Every week the children will be involved in fun and interactive games and activities to get their heart rates up and enjoying being active.

Each week you and your child will learn about healthy eating, setting goals, portion sizes, label reading and more. The program also includes a supermarket tour where you get to put everything you’ve learnt into practise.

START UP PACK
Your child will receive a start-up pack including a:
- Go4Fun backpack,
- Go4Fun t-shirt,
- Go4Fun water bottle, ball and wristbands.
Your child will also earn up to 3 bonus attendance rewards over the ten Go4Fun sessions.

Parents receive a $15 fresh fruit and vegetable voucher for each session you attend, plus a folder full of weekly session information, activities, recipes and more. Plus you will receive a practical Meal Mate cup to help with portion sizes and a Detective Card to help decipher nutrition information on food packaging. Parents receive a report on their child’s progress and health improvements following Go4Fun.
WHAT RESULTS ARE WE LIKELY TO SEE?
Since Go4Fun began in July 2011, we have helped more than 300 children and their families across the Mid North Coast to lead fitter, healthier and happier lives. Our results show that on average, as a result of the program, Go4fun children now:

☻ have a reduced waist circumference
☻ eat more fruit and vegetables each day
☻ drink less soft drink
☻ are more active and meet the physical activity guidelines
☻ spend less time in sedentary activities
☻ have improved self-esteem

WHAT DO PAST PARTICIPANTS THINK OF GO4FUN?
“I think by far the reason Chloe did so well in Go4Fun was she was being taught from a source other than me. She was given knowledge and she began to make choices to be healthier. This is a lesson that I believe will last both of us throughout our lives. The leaders made it fun to learn about good nutrition and regular physical activity and we all enjoyed doing active games together, even the parents.”

“Go4Fun will be something I will remember forever, and Chloe will too. I cannot recommend the program highly enough to any parent thinking of joining. Give it a try it could change your lives.” Sue, Port Macquarie

“Even though we knew the nutrition and exercise information before we started, it’s helped us so much. Matilda is not only healthier but so much happier, with a boost in self-esteem and confidence. She misses Go4Fun and always looks forward to catching up with the others from her group.” Tracey, Coffs Harbour

ENROL TODAY!
Registrations for Term 2, 2017 programs are now open with limited places available in our Port Macquarie, Wauchope, Kempsey and Coffs Harbour programs. We’d love to welcome you and your child into a Go4Fun program and encourage you to secure your place.

Port Macquarie Term 2 program will run:
Wednesdays, 4pm to 6pm starting April 26th

Register at Freecall 1800 780 900 or online www.go4fun.com.au
Hello all,

Friday night rugby is looming upon us I’m willing to coach under 10s team this year to represent St Agnes primary if you are interested in playing and having fun please let me know.

Registration Days
March 10, 17, 24, 31st
Where Stuart’s park rugby grounds
Time 5pm onwards

Comp starts 7th April

Cost
Under 6s and 8 are $75.

Under 10 and 12s $95

Please contact Darryn Yule 0408026295